

SUBSTANCE ABUSE ASSESSMENT FORM

Please make copies as needed and please type or print legibly.

Instructions for use: Complete this form and use these questions to guide the EAP client interview when conducting a formal substance abuse assessment to determine a client's treatment needs.

Client's Name: _____

Client's Job Title or Position: _____

Client's Employer: _____

Counselor's Name: _____

Reason for the Client's Referral (include details that lead to a formal EAP referral by the employer if applicable):

Substances used and history:

Alcohol	Never used <input type="checkbox"/>	Currently using <input type="checkbox"/>	Past use <input type="checkbox"/>	Age first used _____
Amphetamines	Never used <input type="checkbox"/>	Currently using <input type="checkbox"/>	Past use <input type="checkbox"/>	Age first used _____
Anit-Anxiety (e.g. Valium)	Never used <input type="checkbox"/>	Currently using <input type="checkbox"/>	Past use <input type="checkbox"/>	Age first used _____
Barbiturates	Never used <input type="checkbox"/>	Currently using <input type="checkbox"/>	Past use <input type="checkbox"/>	Age first used _____
Cocaine/Crack	Never used <input type="checkbox"/>	Currently using <input type="checkbox"/>	Past use <input type="checkbox"/>	Age first used _____
Heroin/Morphine	Never used <input type="checkbox"/>	Currently using <input type="checkbox"/>	Past use <input type="checkbox"/>	Age first used _____
LSD/Acid	Never used <input type="checkbox"/>	Currently using <input type="checkbox"/>	Past use <input type="checkbox"/>	Age first used _____
Marijuana/Hash	Never used <input type="checkbox"/>	Currently using <input type="checkbox"/>	Past use <input type="checkbox"/>	Age first used _____
Meth/Crystal Meth	Never used <input type="checkbox"/>	Currently using <input type="checkbox"/>	Past use <input type="checkbox"/>	Age first used _____
Painkillers (e.g. Oxycontin)	Never used <input type="checkbox"/>	Currently using <input type="checkbox"/>	Past use <input type="checkbox"/>	Age first used _____
Other (specify): _____	Never used <input type="checkbox"/>	Currently using <input type="checkbox"/>	Past use <input type="checkbox"/>	Age first used _____

Describe type, amount, and frequency of use for each substance indicated above:

Has client used drugs and/or alcohol in situations where it is physically dangerous, such as driving while impaired?

Yes No

If Yes, describe:

Has client been intoxicated, hungover, or in withdrawal at times when he/she is expected to fulfill important obligations, such as while at work?

Yes No

If Yes, describe:

Has client given up occupational, social or recreational activities because of substance use?

Yes No

If Yes, describe:

Has client used drugs and/or alcohol to ease difficulties with emotions, relationships, or as a stress reliever?

Yes No

If Yes, describe:

Work problems:

Violation of the Employer's substance abuse policy, example: a positive drug test.

Absenteeism Tardiness Accidents Trouble concentrating Working while hungover

Decrease job performance Consumed substance while at work Lost job in past due to substance abuse

No work problems

Comments:

Client's perception of substance use:

Not a problem Unsure if problem Some problem Significant problem Severe problem
Actively wants help

Family problems that are pre-existing, or are exacerbated by substance use:

Quarrels Domestic Violence Family abuses alcohol/drugs Child abuse Child neglect

Family worried about client's use None

Separated Divorced

Legal Problems:

DUI Public Intoxication Other substance-related arrest None

Other (specify):

Financial Problems:

Some Moderate Severe None

Describe:

Social Problems:

Some Moderate Severe None

Describe:

Mental health disorders that are pre-existing, or have been exacerbated by substance use:

Physical or medical problems:

Increased tolerance Hangovers Liver disease Stomach ailments

Experiences withdrawal symptoms Herat ailments Blackouts Other medical problems

Comments:

Medications currently being prescribed (specify):

Evidence of psychological dependence to substances? Yes No

Comments:

Has the client attempted to cut down or stop alcohol and drug use: Yes No

Describe:

Control over use:

No loss of control Uses more than intends Getting worse Unpredictable

Uses to get high Gets argumentative Increased tolerance

History of suicide attempts (describe):

History of violent behavior (describe):

Previous treatment: None Yes

(Describe: date, type, setting, and outcome)

Reports from collateral contacts (spouses, family, friends) concerning the client's substance use:

Additional Assessment Comments:

ICD 10#	Description

Prognosis: Excellent Good Fair Poor

Your recommendations for this client's treatment: (please check all that apply)

Intensive outpatient substance abuse
treatment program

Duration:

Inpatient substance abuse treatment or
detoxification

Duration:

Self-help or 12 Step Groups

Frequency:

Duration:

Random Drug Testing

Frequency:

Duration:

Other outpatient treatment

Frequency:

Duration:

Additional comments about treatment recommendations, or if you conclude that no further EAP or treatment services are needed or recommended, please comment:

Please specify the program, facility or counselor you are recommending to provide above services:

Name:

Location:

Telephone # if known:

Date the client agrees to begin treatment:

Additional comments:

Counselor Signature

Date

Thank you.